

DIET2TREAT Study

A Randomized Study of the Ketogenic Diet versus Standard Dietary Guidance for Patients with Newly Diagnosed Glioblastoma

Saint John's Cancer Institute is seeking participants for a clinical trial that will explore the use of a ketogenic diet vs standard dietary guidance and how it impacts glioblastoma survival.

To be eligible for this study, you must be:

- Age \geq 18 years
- Newly diagnosed with glioblastoma (within two months of initial diagnosis by histopathology)
- Not started standard of care chemotherapy and/or radiation therapy
- Able to read, write and understand either English or Spanish
- Have a smart device (like a smartphone or tablet) that can download and run apps



If you are eligible and choose to participate you will be asked to:

- Meet with a study dietitian every two weeks for 18 weeks
- Be prepared to adjust your diet to align with the dietitian's advice
- Complete questionnaires and give additional blood and stool samples
- Wear a Fitbit for 18 weeks (provided by the study)
- If you are part of the Keto Diet group, you will be asked to take daily glucose measurements using the Keto-Mojo device (provided by the study)

Principal Investigator **For more information, contact the Neuro-Oncology Clinical Trial Team**

Akanksha Sharma, MD

Neuro.Oncology@providence.org
310-829-8265

Sponsor

Cedars-Sinai Medical Center